



Dear TSP Martial Arts System student,  
Welcome to White Tiger Martial Arts Academy! We look forward to helping you achieve all your goals. Below read a bit about your training system, and belt system. If you ever have any questions do not hesitate to seek out one of your instructors for assistance.

### **The TSP Martial Arts System**

The TSP Martial Arts System was developed by Master Mason. The letters stand for “T” – traditional, “S” – sport, “P” – practical. You will learn all three aspects of martial arts in our curriculum. It is designed to be a curriculum where students learn to defend themselves from standing, from the clinch and on the ground. You will also learn traditional and sport aspects for those who enjoy competing in tournaments. Eventually you will soon see how the curriculum fits together like a puzzle. One piece connects to the others.

### **Belt System**

Every one begins at white belt. There are 12 belts that must be earned before testing for your black belt. Please use the following pages to map out your course to your black belt and beyond! At White Tiger Martial Arts we test 4 times per year for new belts. Our testing months are February, May, August and November. Use these dates to help set your short and long range goals to becoming a black belt!

### **Colored Belts (White Belt thru Recommended Black Belt Phase II)**

If you have earned all your curriculum stripes you may test for your next belt every 3 months.

### **Black Belts**

Black belts must stay at their rank for a duration of rank x 1 year. For example, a 1<sup>st</sup> degree black belt must be a 1<sup>st</sup> degree for at least one year. A 2<sup>nd</sup> degree must be at that rank for 2 years, etc.

The 2<sup>nd</sup> Degree Recommended rank is used for students who have put in the time at 1<sup>st</sup> degree, but are under the age of 16. They must remain a 2<sup>nd</sup> degree recommended for 1 year, or until they turn 16 whichever comes first.

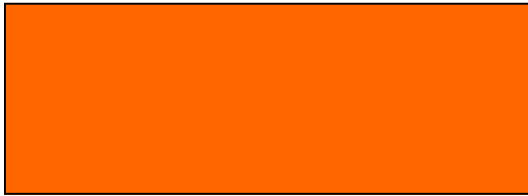
Black belts up to the rank of 3<sup>rd</sup> degree must bar test. You can equate bar tests to “mid-terms”. A black belt must complete 3 bar tests to be eligible to test for their next black belt rank.

In our rank system one can reach the rank of 9<sup>th</sup> Degree Black Belt – Grand Master!



Beginner - White Belt

Date Started:



Beginner - Orange Belt

Projected date to earn:

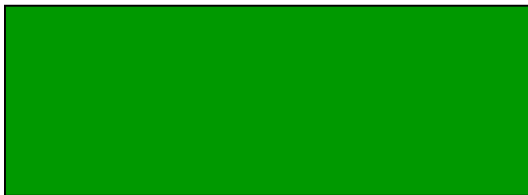
Date Received:



Beginner - Yellow Belt

Projected date to earn:

Date Received:



Intermediate - Green Belt

Projected date to earn:

Date Received:



Intermediate - Senior Green Belt

Projected date to earn:

Date Received:



Intermediate - Purple Belt

Projected date to earn:

Date Received:



Advanced - Blue Belt

Projected date to earn:

Date Received:



Advanced - Brown Belt

Projected date to earn:

Date Received:



Advanced - Red Belt

Projected date to earn:

Date Received:



Recommended Black Belt– Senior Red Belt

Projected date to earn:

Date Received:



Recommended Black Belt– Phase I

Projected date to earn:

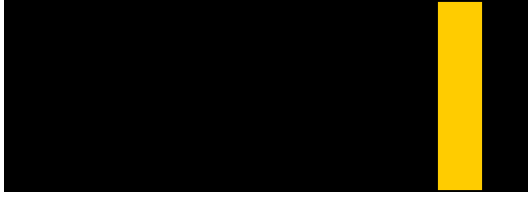
Date Received:



Recommended Black Belt– Phase II

Projected date to earn:

Date Received:



1st Degree Black Belt

Projected date to earn:

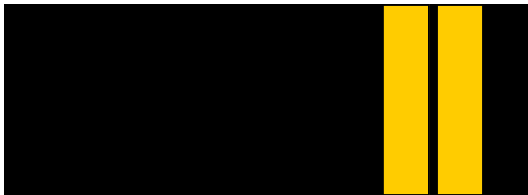
Date Received:



2nd Degree Recommended - for students under 16

Projected date to earn:

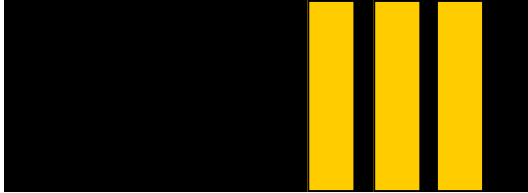
Date Received:



2nd Degree Black Belt

Projected date to earn:

Date Received:



3rd Degree Black Belt

Projected date to earn:

Date Received:



4th Degree Black Belt: Note - bars will be red if a Senior Instructor

Projected date to earn:

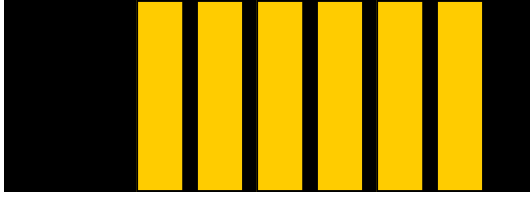
Date Received:



5th Degree Black Belt: Note - bars will be blue if a Master Instructor

Projected date to earn:

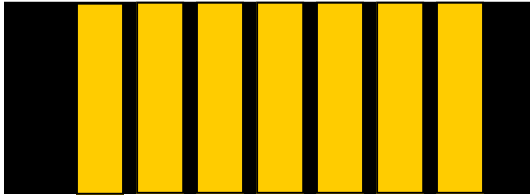
Date Received:



6th Degree Black Belt: Advanced Master Instructor

Projected date to earn:

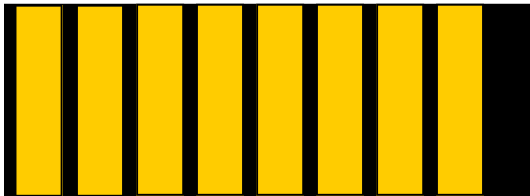
Date Received:



7th Degree Black Belt: Senior Master Instructor

Projected date to earn:

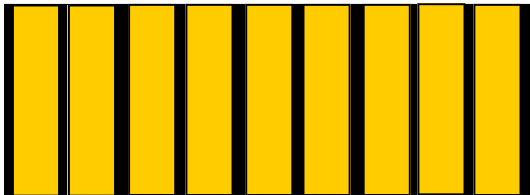
Date Received:



8th Degree Black Belt: Chief Master Instructor

Projected date to earn:

Date Received:



9th Degree Black Belt: Grand Master Instructor

Projected date to earn:

Date Received: